



ADOBE DOBE

Spring 2020



What else do you do on a rainy day when you can't work or play outside but chew on your toys and attempt a club newsletter?

Happy Spring everyone!

Club Events

Our specialty shows are in the books for 2020. Financially, it looks like we made money, and the shows were a success. (The Treasurer's reports were sent out prior to the meetings.) I personally heard compliments on the prizes, the lunch and many people just said our club puts on one of the best events. Of course, this couldn't happen without all the great support from club members, to include members who helped with; the obedience fun match, set

up, take down, raffle, lunch, and great prizes. What a team effort!

I personally wanted to thank Barb Nagy for organizing the obedience fun match. Pre-registration and having the list of entries available was very helpful to all!

Educational

Many of you may read articles called Healthy Pets written by veterinarian Karen Becker, DVM.

An article in February spoke to some research that reveals using bleach and household cleaners containing limonene can pollute your indoor air and be harmful to you and your pet. There was a study conducted which CNN reported that *"the researchers concluded the results could lead to negative health effects for indoor occupants," especially anyone who spends a good deal of time cleaning, those who use industrial strength cleaning supplies, and children and the elderly."*

Dr. Becker added that she included pets to this list since they spend a lot of time indoors and are low to the ground. Our pets often lick the floors that have been cleaned

with the chemicals and they also lick their paws and fur after walking on it. She then goes on to list more natural, inexpensive and nontoxic agents for your cleaning needs. The list is as follows:

1. Bare floors — If you have wood, ceramic, linoleum, or vinyl flooring, you can use vinegar and water solution instead of a chemical floor cleaner. Since pets are so low to the ground, this is an especially important tip. I recommend adding one cup of vinegar to one gallon of warm water to mop the floor.

There's no need to saturate the floor while mopping. Go easy and let the vinegar and water mixture do all the work. And there's really no need to rinse, but if you find the floor has a dull appearance after it dries, you can mop again with straight club soda to add a nice shine.

To remove stains on your vinyl floor, dip a clean cloth in full-strength lemon juice and rub it into the stain.

2. Windows and mirrors — You don't need ammonia-based products to clean windows and mirrors around your home. Instead, use a mixture of 4 tablespoons lemon juice and half a gallon of water.

Also consider using clean lint-free cloth rather than paper products to wipe surfaces clean. Sometimes old, cotton t-shirts or cloth diapers also work really well for windows and other glass surfaces.

3. Kitchens and bathrooms — For cleaning and disinfecting kitchen and bathroom surfaces, dust with baking soda, then wipe with a moist cloth or sponge. For tough grime, add some salt and scrub it away.

To tackle grease, mildew, or other stains, spray the area with either lemon juice or water. Let it sit for a few minutes, and then scrub with a stiff cleaning brush.

If you need to disinfect a surface, an effective homemade solution is a mixture of 2 cups water, 3 tablespoons of liquid soap, and about 25 drops of **tea tree oil**, which is naturally antibacterial and antifungal.

4. Polishing wood furniture — Most store-bought furniture polish contains petroleum products that are toxic. Furniture polish sprays pollute the air with potentially hazardous chemicals that everyone in your home breathes into their lungs, including four-legged family members.

Instead, try a mixture of olive oil and lemon juice. Use 2 parts olive oil to 1-part lemon juice. Apply it to your furniture with a soft cloth, and then do a final polish with a second clean cloth.

You can also use coconut oil on wood furniture, but this doesn't work so well if your pets love the stuff and follow you around like mine do, licking it off as fast as I put it on!

5. Unclogging a drain — If you have a sink or tub clogged with pet hair or other gunk, it's a good idea to avoid caustic chemicals and drain cleaners as much as possible. I recommend pouring half a cup of baking soda in the drain, followed by 2 cups of boiling water.

If you have a really tough clog, you can follow the baking soda with a half-cup of vinegar. Close or cover the drain tightly while the soda-vinegar mixture is bubbling up and breaking up the clog. Once the fizzing stops flush the drain with a gallon of boiling water.

I thought another great article she provided was on what she called super foods to supercharge your pets' diet.

1. Fermented vegetables — Fermented foods are potent detoxifiers and contain very high levels of probiotics and vitamins. Beneficial gut bacteria provided by probiotics break down and eliminate heavy metals and other toxins from the body and perform a number of other important functions.

Adding 1 to 3 teaspoons of fermented veggies to your pet's food each day (depending on body weight) is a great way to offer food-based probiotics and natural nutrients.

2. Mushrooms — Some mushrooms are toxic, so obviously you'll want to avoid those. Nontoxic, beneficial varieties include shiitake, reishi, maitake, lion's mane, king trumpet, turkey tail, Portobello, and himematsutake mushrooms. All mushrooms that are safe for people are safe for pets.

Mushrooms can help regulate bowel function, but even better, they also contain potent anticancer properties and immune system enhancers. Chop one cup of mushrooms, lightly cook in a very small amount of olive or coconut oil, and then add in 2 cups of water and simmer for 20 minutes. You can add grated turmeric or ginger if desired. You then blend them and you can freeze them in cubes or add to kibble using 1 tbsp. per 25 pounds.

3. Pumpkin — Fresh pumpkin, either steamed or boiled (or canned 100% pumpkin), is relatively low in calories and high in soluble fiber, which is beneficial for pets with gastrointestinal (GI) upset. Pumpkin helps regulate bowel function, which relieves both diarrhea and constipation. Pumpkin is also an excellent source of potassium. Don't throw

out the seeds! Raw, ground pumpkin seeds are a mineral-rich topper.

4. Sardines — Fish are a rich source of omega-3 fatty acids, which are essential to your pet's well-being. If you supplement your dog's or cat's diet with fish, I suggest you use sardines packed in water. Sardines don't live long enough to store toxins in their bodies, and they're a terrific source of omega-3s.

5. Kefir — Kefir is a fermented milk beverage that contains beneficial probiotics that support the immune system. Although regular, pasteurized cow's milk can be irritating to your pet's gastrointestinal (GI) tract, fermented milk is different. One of the best and least expensive ways to add healthy bacteria to your pet's diet is to convert raw milk to kefir yourself.

All you need is one-half packet of kefir starter granules in a quart of raw milk (preferably organic), which you leave at room temperature overnight. Add 1 to 3 teaspoons of this super probiotic to your pet's food one to two times daily for overall improved GI defenses.

Superfood toppers, like all additions to your pet's diet, should constitute no more than 15% of the overall caloric intake.

I hope you find the above information helpful

Patience Unlimited
Professional Dog Training -
Barbara Nagy

Excellent article on attention in the ring -

Being from NJ I was very blessed to train under some of the greatest people. Along the

way I had the good fortune to meet Linda Brennan & Betsy Scapicchio and to watch them many many times compete with a variety of breeds. I was always in awe. I did enter Jetta and myself in Linda Brennan's Handling & Attention class many years ago and loved it! I have adopted many of their teachings into my own training. Below is one of many articles from their Blog. Enjoy.....Barbara Nagy

Are You With Me? Why you are losing your dog in the ring and what to do about it ©

By Betsy Scapicchio and Linda Brennan

This topic came up because of our observations at recent obedience trials. Unfortunately, we saw quite a few people lose their dogs in the ring. For example, the dogs visited the judge, sniffed the floor or headed to the ring gate. After the teams left the ring, the handlers were understandably upset and they blamed their dog. It wasn't the dogs' fault! These same handlers allowed their dogs to sniff the floor, pull on the leash, and dash off to visit their friends before and after their turn in the ring. How was the dog supposed to know that the rules are different inside the magic baby gates?!

The real problem was that the dogs and handlers were completely disconnected from each other right from the start. What does it mean when we say that dogs are connected to their handler? We teach our dogs to stay with us both physically and mentally. This is one of the very first lessons that we teach our puppies. Being on a "With Me" means two things to our dogs: 1) When the handler moves, the dog must move with her and 2) The dog can never leave the handler. It's really that simple—it's just not easy to be that consistent, at least in the beginning.

The first rule could also be called "Shut Up and Move." This rule puts the responsibility on the dog to stay connected to the handler. Often handlers get a false sense of security by doing all of the dog's work for him. If the handler is constantly reminding the dog to pay attention and stay connected, for example by talking to the dog, using the leash, luring with food or otherwise entertaining the dog, when the handler stops doing those things, as we must in the ring, the dog doesn't know what to do. He's not being a bad dog; he just never had to do the work himself. We must teach the dog how to take responsibility for staying connected to the handler. Fortunately, this is a simple skill that can be taught to the dog. Then it is up to the handler to constantly maintain it.

Here are a few simple steps to teach your dog a good "With Me:"

1. When teaching this for the first time, we begin with a food lure. We do this with our puppies first thing. With the dog on a loose leash, put a cookie near the dog's nose and lure him toward you as you step backward one or two steps. Mark and reward the dog for moving toward you. Give the cookie with your hand against your body to ensure that the dog comes all the way in. The dog should always be facing you as you back away from him.
2. Once the dog is moving with you each time, remove the food lure. When you back away from the dog, mark and reward him for following your motion. If he fails to move with you, allow the leash to pull him toward you. Then back up again. When he follows your motion, mark and reward.
3. As soon as the dog is reliably moving with you each time, begin to ask the

dog to move multiple times before rewarding. Each time you move, praise but don't always reward. For example, move once and praise the dog for moving with you. Then move again and mark and reward. Gradually ask for more repetitions before rewarding. Be sure to stop after each backward movement. It should be a series of stop and go movements; don't just keep moving. Once you are not rewarding every time, be sure to mark and reward when the dog moves quickly and immediately in response to your motion.

From there, we progress to adding distractions and eventually teaching the dog to do an Off-Leash With Me.

Important points for teaching your "With Me:"

- Although you can teach a verbal command for With Me, you do not need to use it every time you move. Once your dog is required to be with you, it is not your job to keep reminding him of his job. Do not use your voice to get the dog to stay with you! (Remember Shut Up and Move!)
- Use a leash! You cannot teach your dog to stay with you if you have no way of ensuring that he will move with you when you move. Three feet of leash is all you need. The leash should be loose at all times unless the dog fails to move with you. If your leash is constantly tight, that is a sure sign that your dog is NOT with you!
- Get off the food lure! We only use the food lure briefly to show the dog what we want. Once the dog has the idea, the food must become a reward rather than a lure. Keep it in your pocket until the dog has done something

worth rewarding. Never reach for a food lure because you don't have your dog connected to you! Otherwise, you never will without the food.

- Notice that we have not said anything about where the dog is looking when doing a With Me. We do not require that the dog stare at us the whole time; however, you will likely find that your dog does look at you with great attention. If he is committed to staying with you, his focus is on you!
- When teaching your With Me, stay at each step for at least a week to ensure that the dog has ample time to understand before moving to the next step.

The second rule, that the dog can never leave his handler, effectively removes the environment as a source of reinforcement for your dog. If your dog can no longer leave you to go visit other dogs or people or wander off after a toy or speck of food on the floor, your dog will be much less distracted by those things. You have made those things irrelevant to your dog. If your dog does leave you, don't just call the dog back to you. Go and get him and bring him back. If your dog leaves you and you call him and he comes back, he thinks it OK to leave as long as he comes back when you call. Unfortunately, that won't help you in the ring if he wanders off during an exercise. We aren't saying that your dog can never visit with other people, but that needs to be with your permission and not while you and your dog are training. During a training session it should be just you and your dog working together and ignoring the rest of the world. If you have a very friendly dog, do your controlled meet and greets before your training session begins. The next question is when does my dog have to be "With Me?" The answer is during your

entire training session. Those two rules apply the whole time. In fact, "With Me" becomes your dog's default behavior. For example, if you are doing a recall and you release your dog after he sits front without giving him another command, he is automatically expected to stay with you. A release word, such as OK, releases your dog from the exercise he is performing but it does not release your dog to the environment. You want your dog to remain on stand-by for the next command rather than allow him to leave you to pursue his own interests. Keeping your dog With You throughout an entire training session might seem like a daunting task, however it is just a matter of cultivating good habits. The main requirement is for the handler to stay attentive to her dog at all times. If your attention wanders, your dog will get into trouble before you realize it and then you will end up correcting the dog for your mistake. The end result is what we observed in the ring. Handlers were disappointed in their dogs because they didn't stay connected but they had never taught their dogs to take responsibility for being connected! The good news is that having a dog that stays connected prevents problems. Most problems are really a lack of attention and commitment to stay with the handler. In our travels teaching Workshops around the country, we have met many, many dogs who had good training to do the various obedience exercises, but were lacking a good "With Me." This prevented them from being able to perform in shows even though they knew how to do the exercises. Heeling is a prime example. Most of the problems that people argue about with their dog in heeling really have nothing to do with how well the dog can heel, but rather result from a lack of connection between the dog and handler. If

our dog understands that it is his responsibility to stay connected to us and that he does not have the option to leave, it is much easier to focus on teaching and perfecting his obedience skills. Motivation is a key component to training. However, it is almost impossible to motivate a dog who has no interest in you and doesn't want to stay with you. Did you ever notice that although your dog will play with you at home, he won't do it when you are in training class or at a dog show? Why? Because he is distracted and not connected to you. You can't compete with the environment! If you remove the environment as an option, your dog will find you much more fun and interesting try to be more fun than the environment because there will always be times when your dog might choose something else over you. Remove the choice and you are the source of all things fun!

Brag and cries.....

I have attempted to capture wins in our two specialties and, the shows that followed for dogs that are owned by club members – I apologize if I have left any one out –

DVDPC Specialty February 1, 2020

W/BW – L'Mae Sundance Kid – Bred by Judie Walter and Linda Freese, Owner Linda Freese

Sahuaro Kennel Club – February 1, 2020

W/BW – L'Mae Sundance Kid – Bred by Judie Walter and Linda Freese Owner Linda Freese

Lost Dutchman Kennel Club – Feb 2, 2020

BOB –CH Danora’s Simply Brilliant – owned by Max Miller

Lost Dutchman Kennel Club – Feb 3, 2020

WD – L’Mae Sundance Kid – Bred by Judie Walter and Linda Freese Owner Linda Freese

RW –Prima’s Rose All Day – Breeder and Co-Owner – Shayna Sitton

DVDPC 1st Specialty February 28, 2020

RW – Gallant’s I Found That Girl V Ciden D’Tales – owners Rick and Debby Castro

BV –CH L’Mae Red Sky at Night Serrano – Bred Judie Walter, Linda Freese Owner – Judie Walter

DVDPC 2nd Specialty February 28, 2020

BV & OS - CH L’Mae Red Sky at Night Serrano – Bred Judie Walter, Linda Freese Owner – Judie Walter

RW - L’Mae Sundance Kid – Bred by Judie Walter and Linda Freese Owner Linda Freese

Superstition Kennel Club – February 29, 2020

WD/BOW – Prima’s Make a Move – Breeder/Owner Shayna Sitton

WB – Prima’s Crème Brulee - Breeder/Co-Owner Shayna Sitton

RW - L’Mae Sundance Kid – Bred by Judie Walter and Linda Freese Owner Linda Freese

OS – CH Danora’s Simply Brilliant – owner Max Miller

Superstition Kennel Club March 1, 2020

W/BW - L’Mae Sundance Kid – Bred by Judie Walter and Linda Freese Owner Linda Freese

RW - Prima’s Crème Brulee - Breeder/Co-Owner Shayna Sitton

OS - CH Danora’s Simply Brilliant – owner Max Miller

**OBEDIENCE –
DVDPC Specialty 2/28/2020**

Novice B

Soquel’s Fire In the Skye, CGC – Owners Joe and Pat Policastro 1st place 195

Rally Advanced A

Soquel’s Fire In the Skye, CGC – Owners Joe and Pat Policastro 1st place 98

Superstition Kennel Club 2/29/2020

**Working toward their Rally Advanced
Excellent Title**

Rally Advanced B

Alma’s Stonewall Jackson, CGC, BN, CD, RA, RE – Score 99 Owner George Arlotta

Rally Excellent B

Alma’s Stonewall Jackson CGC, BN, CD, RA, RE – Score 96 Owner George Arlotta

Superstition Kennel Club 03/01/2020

Rally Advanced B

Alma's Stonewall Jackson, CGC, BN, CD,
RA, RE – Score 98 Owner George Arlotta

Rally Excellent B

Alma's Stonewall Jackson CGC, BN, CD, RA,
RE – Score 100 Owner George Arlotta



“Dogs come into our lives to teach us about love, they depart to teach us about loss. A new dog never replaces an old dog. It merely expands the heart.” – Author Unknown